



Tree of Healing Conference 2022

Speaker Bios

Larry Kerby

Larry Kerby, MBA is a sought-after engaging and entertaining speaker. He has helped tens of thousands of parents and teachers thrive with strong-willed kids. He teaches how to create more joy, peace, and happiness by understanding how to connect with children, effectively set and enforce boundaries.

As a trained independent facilitator of the *Love and Logic* curricula, Larry teaches effective, practical, and proven parenting techniques that parents, teachers, and therapists, can take away and use immediately.

He is the author of the “*Emotional Ownerships*” seminar series which helps parents lower their emotional reactivity. He is raising three amazing kids with his best friend and wife, Kami.

Nina Davey

Nina Davey is a Licensed Clinical Professional Counselor (LCPC) and a Registered, Board-Certified Art Therapist (ATR-BC) with over 10 years of experience working with children, adolescents, and adults. Nina believes that everyone is capable of healing, growth, and resiliency. Although life is constantly changing and moving, she believes that each person can achieve the life and level of happiness they desire through self-exploration and a deeper look into their experiences. Nina works from an experiential based, relational model to support this healing journey and to strengthen self-awareness. Nina is a Certified EMDR Therapist and an Approved EMDR Consultant. She uses a variety of treatment modalities through a trauma-informed perspective, including Art Therapy, Trauma Focused Cognitive Behavioral Therapy (TF-CBT), EMDR, and Sand Tray Therapy. Nina works with those going through a traumatic experience (childhood or recent trauma), challenges related to depression and anxiety, sexual abuse, life transitions, self-esteem and stress management. Nina has extensive training in trauma (PTSD) and childhood abuse and has a particular interest working with women’s issues around Perinatal and Postpartum support. Nina is working towards her Postpartum Mental Health Certification and is also an Approved Credentialed Supervisor (ACS) for LGPC clinicians as well as an Approved Supervisor for Art Therapists.

Shannon Solie

Shannon (they/them) is a white, queer, non-binary practitioner based in unceded Duamish land also called Seattle Wa. They are parent to a lovely adult human and human companion to a sweet dog. Gardening, reading, spending time with beloveds, and being outdoors are things that bring balance and joy to their life. Shannon's academic background focused on the psychobiology of women and Existential-phenomenological therapy. Their education beyond academics focused in sexuality education, anti-oppression focused work, somatics, and energy/esoteric healing modalities. Shannon works in private practice where they work with adult individuals, couples, and does supervision and consultation work focused on developing clinicians around anti-oppression work and developing self as clinician.

Darryl Tonemah

Dr. Darryl Tonemah (Kiowa/Comanche/Tuscarora) has a Ph.D., in Counseling Psychology and Cultural Studies, a Master's Degree in Community Counseling and three Bachelors of Science Degrees. He has sat on numerous state and national boards addressing disparities in education and health care among the Native community including: The Oklahoma Cancer Network, The Cherokee Cancer Coalition, Establishing the Oklahoma Intertribal Diabetes Coalition, Establishing the Oklahoma Intertribal Cancer Coalition, The United National Intertribal Youth Diabetes Initiative, he has served on the ADA Board of Directors, as well as Research Policy Committee, and the Native American Initiatives Committee. He has done extensive work training hospitals, clinics, Universities, corporations and schools in the U.S. and Canada on Trauma and its relationship to behavior and health.

Kalispel Cultural Department

The main goal of the Kalispel Tribe's Culture Department is to teach and share our Kalispel Tribal Heritage, History, and Culture with our Kalispel Tribal Membership, Descendants, and Community.

We teach and learn from our elders and each other by attending and hosting cultural gatherings and classes.

During these times of the current popular social media culture, we reach out through our Facebook group with teachings.

We encourage participation in events through different fun drawings in which people can win cool prizes such as ribbon skirts, shirts, moccasins, free nights and dinners at our casinos, etc.

It is our hope to gain the interest of our future generations, to learn and teach our Kalispel history, heritage and traditions. We hope people will keep our culture alive and use it as a means of healing and living healthy lifestyles.

Tana Russell

Tana Russell, SUDP, NCTTP, WSCGC-II, joined Evergreen Council on Problem Gambling as Assistant Director in September 2019. She has over 10 years substance use counseling experience with specialties in tobacco and gambling treatment. She is host of the *ECPG LIVE!* social media live-streaming series on problem gambling and co-host of the *Connections: Healthy Gambling and Gaming* podcast. Tana has a passion for learning and training and enjoys presenting on topics related to gambling, gaming, tobacco, addictions, treatment, and recovery. She has written and/or collaborated on curriculum for a number of problem gambling and gaming trainings and treatment sessions. She was previously an SUD Counselor/Outreach Specialist and created a tobacco cessation education course and a co-occurring Gambling and Substance Use Disorder (GSUD) Relapse Prevention Treatment program, designed specifically to include both alcohol/drug and gambling recovery terminology. She has worked with adults and adolescents, in the criminal justice, health care and OTP/MAT (Opioid Therapy Program/Medication Assisted Treatment) settings.

Melissa Walls

Melissa Walls, PhD, is an Anishinaabe social scientist working in collaboration with Indigenous communities in the United States and Canada on health equity research and culturally relevant public health programming. She is an Associate Professor of American Health at the Johns Hopkins Bloomberg School of Public Health and Director of the Great Lakes Hub of the JHU Center for American Indian Health. Dr. Walls serves as PI with a longstanding research team that includes Anishinaabe community members and academic researchers working together to understand and address the social, historical, and contemporary determinants of unequal health outcomes. The team's work is largely funded by the National Institutes of Health (NIDA and NIDDK) and the Robert Wood Johnson Foundation.

Turquoise Devereaux

Turquoise is part of the Salish and Blackfoot tribes of Montana and grew up in the small town of Dixon on the Flathead Indian Reservation but now resides in Mesa, Arizona. For the past 7 years she has facilitated trainings and implemented programming on trauma-informed approaches to support Indigenous identity revitalization in rural and urban settings. Turquoise has worked in many intersectional capacities to ensure culturally safe spaces for Indigenous communities in educational and community settings at local, state and regional levels. She received the Montana Indian Education Association's American Indian Support Staff of the Year Award in 2017. Turquoise earned her Bachelor of Social Work at the University of Montana, her Master of Social Work at Arizona State University with a focus in policy, administration, and community practice, and will begin the ASU Social Work PhD Program in the Fall of 2022. Turquoise currently is the Lead Consultant of Indigenous CC, the founder of Indigenous Skye, LLC and the Project Coordinator at the Office of American Indian Projects in the ASU School of Social Work.

Thosh Collins and Chelsey Luger

Thosh was raised in Salt River, Arizona. He works as a photographer and serves as a board member for the Native Wellness Institute. He draws strength and motivation from the spiritual cultural practices of our ancestral people, and recognizes the inherent physical durability embodied by them. Thosh uses this understanding as the basis to encourage all to embrace reclaim their health as he contributes to the growing wellness movement across Native Country in a way that is holistic and culturally appropriate.

Chelsey is from the Turtle Mountain Band of Chippewa and Standing Rock Sioux Tribe in North Dakota. She double majored in History and Native American Studies at Dartmouth College, concentrating on comparative histories of global Indigenous cultures and post-colonial theory. She later earned an M.S. in Digital Media at Columbia University's Graduate School of Journalism. In her work as a journalist, she highlights activist movements and environmentalism as it relates to wellness and Native culture. Chelsey is passionate about motivating youth to stay active and healthy in order to build mental-physical-spiritual strength.

Jeffrey Hedge and Jack Nisbet

Jeff Hedge DO is a board-certified adult psychiatrist currently doing private practice telepsychiatry and working for the Kalispel tribe. After completing his psychiatric residency, he moved from Chicago and started working for Frontier Behavioral Health.

Subsequently he provided inpatient and outpatient mental health services at Sacred Heart Medical Center before becoming a founding partner of Integrative Psychiatry and Psychology in Spokane. Prior to his psychiatry residency he practiced general medicine in the United States Air Force as a flight surgeon.

Spokane-based writer Jack Nisbet is the author of several collections of essays that explore the human and natural history of the Northwest, with particular attention to the period of contact between Canadian fur traders and Plateau peoples. Nisbet has also written award-winning biographies of cartographer David Thompson and naturalist David Douglas.

He has worked on interpretive panels with the Kalispel Language program and since 1994 has paid regular visits to the Cusick School to lead writing classes and outdoor walks. You can find out more by visiting www.jacknisbet.com

Martyn Whittingham

Dr. Martyn Whittingham, CGP, is a licensed psychologist in Ohio. He is a Fellow of the American Group Psychotherapy Association (AGPA) and Division 49 (Group Psychology and Group Psychotherapy) of the American Psychological Association as well as being a Certified Group Therapist. He is a former President of Division 49 of the American Psychological Association. He currently serves on AGPA's Science to Service Task Force, APA's Health Care Financing Advisory Group, the National Health Service (United Kingdom) Advisory Board on

Group Training Standards and on the Editorial Board of the International Journal for Group Psychotherapy.

Dr. Whittingham is the founder of Focused Brief Group Therapy (FBGT), an integrative interpersonal approach to reducing interpersonal distress in less than eight sessions. He has presented on the topic nationally and internationally, including invited addresses at Stanford University Psychiatry, Peking University Psychiatric Hospital, China and McClean Hospital, a Harvard University-affiliated institution. The approach is utilized widely across the USA as well as internationally. FBGT has been featured in *The Sage Encyclopedia of Theories in Counseling and Psychotherapy* (Neukreg, 2015). The book and video are under contract with APA Press and will be coming out in 2023.

Dr. Whittingham has been the recipient of two national awards for group therapy. The first was awarded in 2010 by the Association for Specialists in Group Work, for excellence and innovation in Group Practice. APA's Society for Group Psychology and Group Psychotherapy, also recently named him their 2021 Group Dynamics Teacher of the Year.

Dr. Whittingham has authored and co-authored numerous book chapters and journal articles and regularly gives presentations and workshops both nationally and internationally. As well as his book on FBGT, he is also currently co-editing a book on integrating assessment into group therapy for Taylor and Francis.

Nora Frank

Nora is an enrolled member of the Nez Perce Tribe of Idaho and a direct descendant of the Klamath Tribes of Southern Oregon. She graduated from Oregon State University with a Bachelor of Science degree in Public Health focused on Health Promotion and Health Behavior. In addition, she holds a Master of Public Health degree focused on Health Management and Policy from Portland State University.

For more than a decade, Nora has passionately worked in the field of Public Health and chronic disease prevention. Her primary focus is on collaborative leadership and systems thinking that has contributed toward the efforts of a regional food sovereignty movement. Her expertise is in developing, facilitating, and coordinating networks, coalitions, and tribal programs that address food sovereignty and systems, food security, and access to fresh, nutritious, and traditional foods.